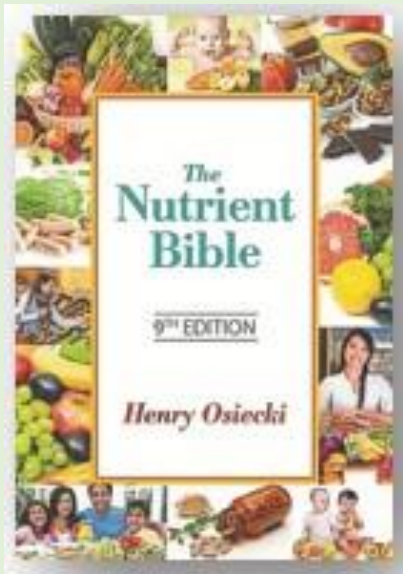


“The Nutrient Bible” by Henry Osiecki (9th Edition)



Comprehensively expanded and revised with up-to-date research, we are proud to present the much anticipated edition of: The Nutrient Bible by Henry Osiecki.

Now in its newest 9th edition, this is the ultimate nutritional science reference book, offering in-depth coverage of more than 100 vitamins, minerals, amino acids, enzymes and other nutrients.

It provides the latest comprehensive and practical information including: comprehensive profiles of Vitamins, Minerals, Enzymes, Amino Acids, Flavonoids and Polyphenols; summary of nutrient modulators of regulatory pathways and molecular targets of carcinogenesis, metastasis and hypertension; the drug/nutrient relationship and the effects on one's nutritional status; recommended daily dosages across the age groups; deficiency causes and symptoms indicating deficiency; food sources containing Vitamins, Minerals, Enzymes, Polyphenols and Amino Acids; therapeutic uses for hundreds of illnesses and diseases' the effects of high doses of synergetic nutrients; overdose and toxicity.

Features of New 9th Edition:

- Additional contingent nutrients
- More drug/nutrient interactions
- New nutritional assessment section