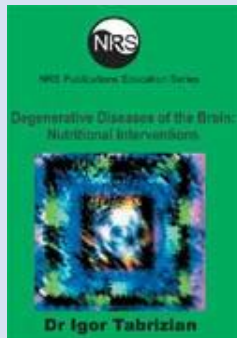


“Brain Foods – Autism” by Dr Igor Tabrizian

This book has been put designed from the seminar that Dr. Igor Tabrizian presented on 27th November 2004. It delves into how clinical nutritionists examine the mechanism and formulate treatment schedules for Autism. Examining the roles of important nutrients like Zinc, Copper, Amino Acids, Vitamin B6 and Vitamin C, in normal human development, the lecture looked at normal brain function with regards to nutritional needs of the mother and child. The lecture also examines the roles where brain function goes wrong in Autism and the roles of genetics and antioxidants in the prevention and treatment of Autism and the roles of toxic metal in the genesis of the disease and how these generate the symptoms of Autism.



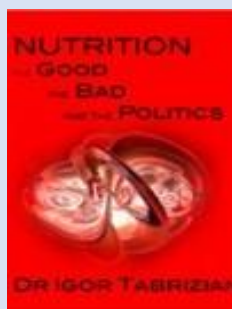
“Degenerative Diseases of the Brain: Nutritional Interventions” by Dr Igor Tabrizian

This book provides the visual learner with clear information, including multiple diagrams, of the nutritional aspects of normal brain function as well as the current models of Neurodegenerative disorders. With progressively more understanding of the biochemistry of the brain we are able to prevent crippling disorders such as Alzheimer’s and Parkinson’s disease and even Multiple Sclerosis.



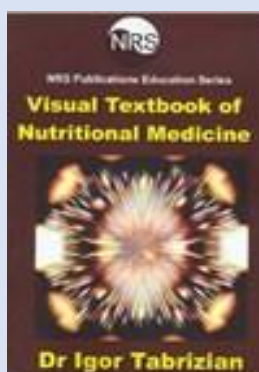
“Magnesium, Zinc, Iron, Copper & other Trace Elements” by Dr. Igor Tabrizian

This book is a well illustrated and expertly presented text by Dr Igor Tabrizian, whose talents in lateral thinking and concepts simplification has made him a national leader in Nutritional Medicine. The graphics in this book makes difficult concepts simple and are backed up by clinical and personal research. This book is a ‘must have’ for any students of Nutritional Medicine and is the ‘essence’ of the sections on minerals from the Visual Textbook of Nutritional Medicine.



“Nutrition: The Good, The Bad and the Politics” by Dr. Igor Tabrizian

Subjects covered in this book are the trace elements, the toxic elements, Coenzyme Q10, Cancer, Chronic Fatigue, Diabetes, Depression, ADD, and most of all, the politics of Natural Medicines today. Expertly illustrated and extensively referenced, this book captures the knowledge and spirit of Nutritional medicine. With humour to match the breadth of the subject matter, it is informative and entertaining. Overall, perhaps the best description of this text is ‘cheekily insightful’.



“Visual Textbook of Nutritional Medicine (Revised edition 2012” by Dr Igor Tabrizian

This book provides information on Nutritional Medicine that is easy to understand. Tabrizian takes the confusion out of the in-depth nutritional processes explained, and lays it out easily. This book allows the visual learner to embrace the biochemical concepts, and covers many important aspects of nutritional therapy. It is a book that both practitioners and students will continue to refer to throughout their career due to the wealth of information contained within the pages.