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Tired patients? How to treat Chronic Fatigue Syndrome

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Homoeopathically potentised acids have a common affinity for states of exhaustion and debility. Acids such as Fumaric and Succinic acid for example feed directly into the body's energy wheel, known as the Krebs's Cycle.

These biochemical acids catalyse an infinite number of redox reactions to produce cellular energy. Other acids include malic, ketoglutaric, and aconitic acids. Many of these acids regulate internal respiration and metabolic activity. For this reason, catalysts are indicated for Impregnation, Degeneration and De-differentiation stage diseases.

Several acids are required to be present during energy conversion to prevent the breakage of important biochemical chain reactions. One acid relies on the other for catalytic conversion.

Decimal dilutions of these acids are combined with other intermediary catalysts in Homotoxicology to create the formula *Coenzyme compositum*.

This medicine is indicated for metabolic deficient states such as Chronic Fatigue Syndrome, promoting endurance and aerobic capacity. Acids can be appropriate for a wide spectrum of symptoms where metabolic activity is compromised, resulting in fatigue and exhaustion. They are comparable to some traditional homoeopathic medicines such as *carbo vegetalis*, *carbo animalis*, *kali carbonicum*, *calcareo carbonicum* and naturally, phosphoric acid.

- Fumaric acid: asthma, allergy, psoriasis, eczema, and hay fever. Oedema, fatigue, excessive perspiration, cyanosis, breathlessness. Bile production, constipation, high blood pressure, headache.
- Succinic acid: asthma, angina, pruritis, psoriasis, anaemia, leukaemia, arteriosclerosis, depression, hypochlorhydria, mucous membrane dryness, aphthae.
- Alpha-ketoglutaric acid: asthma, angina, psoriasis, diabetes, rhinitis, coryza, influenza, air hunger, glandular hypofunction, restlessness, skin eruptions.
- Aconitic acid: asthma, poor temperature regulation, mood changes, emaciation, bone pain at night, chapped lips, appetite problems.

*these acids and more are found in *Coenzyme compositum*

Comments:

Chronic Fatigue Syndrome, IBS, and fibromyalgia are all Impregnation phase illnesses according to the Disease Evolution Table. The inflammatory response caused by the virus has not resolved the immune crisis. The viral response has entered the cell causing immune dysfunction.

The secondary conditions (such as IBS) that arise from CFS are often likely to improve after treating the immune causation alone in this case.

1. *Engystol* is classed as an immune stimulant, and has been shown to improve viral symptoms effectively. It is specific for Post Viral Syndrome and addresses the underlying cause of immune dysfunction.
2. *Lymphomyosot* is a drainage medicine specific for conditions that have a glandular origin. It is also a lymphatic detoxifier. Detoxification is always required for Impregnation Phase diseases.
3. The *Metabolic kit (Coenzyme compositum and Ubichinon compositum)* addresses the metabolic dysfunction that is present in all Impregnation phase diseases. Cellular catalysts are important medicines when attempting to correct biochemical imbalance. This is particularly so in Chronic Fatigue Syndrome where a virus has contributed toward a mitochondrial energy production deficit.

Suis organ preparations are prescribed to fortify any homoeopathic prescription where immunological stimulation is required. *Medicine Tree Organo IMST* helps to stimulate the major components of the glandular system, assisting healthy immune function. It contains: Nodi lymphatica 5c, Phytolacca 6c, Vasa lymphatica 5c, Cystis canadensis 5c, Glandular thymus 5c, Agnus castus 6c, Lien 5c, Phosphoric acid 6c, Tonsillae pallatinae 7c, Medulla osseum 7c & Sanguis 7c.

Brain revival

Mental fatigue is considered to be an insidious consequences of Chronic Fatigue Syndrome. Poor concentration, fogginess and feelings of vagueness accompany physical debility and malaise. Clarity of mind may take several years to return in many patients. Homeopathic phosphoric acid is used traditionally for weakness, apathy and indifference in mind and body. These descriptions are well documented in all materia medicas. This is testimony to the fact that chronic fatigue may not a modern phenomena, since Homoeopathy is over 250 years old. Today it is still used for states of exhaustion, particularly the mental fatigue known as 'brain fag'. The phosphoric acid picture is described as a feeling of unconsciousness, as if drugged; unaware of what is going on around him/her. The mental fatigue contributes to a strained nervous system resulting in depression.

It is specific for post-infectious states and conditions induced by overwork which is consistent with current theories on the origin of CFS.

Phosphoric acid is a key ingredient in **Cerebrum compositum**.

Treatment Protocol for Chronic Fatigue Syndrome:

- Cerebrum compositum TDS
- Metabolic Kit TDS
- Use for at least 3 months.

Treatment protocol for post-viral syndrome related CFS

- Engystol one tablet TDS
- Lymphomyosot TDS
- Metabolic Kit one tablet each TDS

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